FIDELITY CHECKLIST

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| **Adherence to the PFL programme** | **Yes** | **No** | **Comments** |
| Intake and registration processes are managed by the team leader. |  |  |  |
| All case files include a completed and signed expectation agreement and consent form. |  |  |  |
| All parents engaging with PFL are offered antenatal care and education support. |  |  |  |
| All parents engaging with PFL are offered breastfeeding education and support, during the antenatal period and following birth |  |  |  |
| All parents engaging with PFL have a Home Visitor that provides home-visiting support. |  |  |  |
| All parents engaging with PFL are offered baby massage classes/individual baby massage sessions. |  |  |  |
| All parents engaging with PFL are offered the opportunity to participate in an evidence-based parenting programme. |  |  |  |
| All parents are invited explore their and their families’ goals and aspirations at regular intervals? |  |  |  |
| All parents take part in regular progress reviews with their Home Visitor . |  |  |  |
| Case closure processes are followed as described in the manual. |  |  |  |
| The outcomes evaluation framework is being used and outcomes data are recorded in the database. |  |  |  |
| Families are referred or sign-posted to other services in the community where the PFL programme is unable to meet their needs or where appropriate. |  |  |  |

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| **Frequency/duration** | **Yes** | **No** | **Comments** |
| All parents engaged with the Home Visiting programme are offered at least one home-visit from their Home Visitor each month. |  |  |  |
| All parents engaged with the Home Visiting programme are offered home-visiting sessions that last on average 60 minutes. |  |  |  |
| All parents engaged with the Home Visiting programme are offered the opportunity to participate in the programme prior to the birth of their baby. |  |  |  |
| The Home Visiting programme is offered to all parents from pre-birth until their child starts school. |  |  |  |

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| **Quality of delivery** | **Yes** | **No** | **Comments** |
| Staff are trained to deliver the Home Visiting programme. |  |  |  |
| Staff are trained in and familiar with infant mental health practices. |  |  |  |
| Staff are trained in and familiar with developmental parenting practices and approaches. |  |  |  |
| Staff are trained in at least one evidence-based parenting programme. |  |  |  |
| Staff are trained in baby massage. |  |  |  |
| Staff receive regular coaching to support effective practice. |  |  |  |
| Staff participate in regular peer networking meetings. |  |  |  |